



'Gift of Giving'

**Spread the joy of
selfcare with our
exclusive....**

'Gift of Giving' Packages

Treat your loved ones
and don't forget your fellas
(or yourself!) to the ultimate
indulgence with our
luxurious massage and
beauty treatments - perfect
for relaxation, rejuvenation,
and radiant glow.



**ANAMAYA
AYURVEDA**

*Transforming Health
Rejuvenating Natural Beauty*

Menu

Blissed Out: Relax and rejuvenate with a full-body, warm oil massage, designed to melt away stress and restore balance. Includes a soothing scalp and facial massage for added tranquility.
60 minutes • \$140.00

Radiant Glow: Refresh with a revitalizing organic facial that hydrates and brightens for a perfect summer look. Includes a nourishing treatment to soften your hands and feet.
90 minutes • \$160.00

Ultimate Indulgence: The complete summer treat! A warm oil massage combined with a customised organic facial and finishing touches. The ultimate gift!
120 minutes • \$180.00

Buy More, Save More!

Purchase any treatment as a gift card, and receive an exclusive 10% discount for yourself!

Visit us to pick up your 'Gift of Giving' Package, or call me direct for an easy gift that everyone will love.

LEE AMAYA | 271 The Parade | Beulah Park | SA | 5067
0410 371 402 | info@anamaya.com.au



'Gift of Giving'



Lee Amaya
Ayurveda Lifestyle
Practitioner



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Lee Amaya is the founder of AnAmaya Ayurveda.

In the past she owned a creative electronic design home business - inXtreme Design for 10 years.

She has worked in Education, as a personal assistant and also within the corporate world of creative design and marketing.

I can remember the exact moment Ayurveda found me about 10 years ago. It was my most significant a-hah moment - ever!

It was most definitely time for change to occur in my life! I knew that I am my most happiest in a learning environment, so I sought out further education, locally, nationally and internationally then looked at how best to change my lifestyle, spirituality, career - I went for the big life makeover package and haven't looked back since! Life is way too short to hold back no matter what!

I created AnAmaya Ayurveda because of my driving passion to help others find their way again by adopting the many healing principles of Ayurveda to live a long, happy and abundant life.

Learning the ancient knowledge will never be over for me and neither will the journey to be self-realised ever come to an end.

Feeling very grateful these days...

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